

Gluten Free Daytime Menu

Lighter options

Chicken, Bacon & Asparagus £8.50

Grilled chicken, bacon and asparagus on a mixed leaf salad with cherry tomatoes and a lemon & honey dressing

Apple, Walnut & Avocado Salad £8.50 (N)

Apple, walnut and avocado in a mixed leaf salad with a balsamic dressing and gluten free bread.

Something more substantial

All Day Breakfast. £9.95 (V Available)

2 rashers of bacon, fried eggs, grilled tomato, 2 hash browns, baked beans, button mushrooms and gluten free toast.

Smaller option £7.00 (1 bacon, 1 fried egg, 1 hash brown, baked beans, button mushrooms and gluten free toast)

Ham, Eggs and Chips. £9.95

Hand sliced local ham topped with fried free-range hens' eggs and skin on chips.

Ploughman's Lunch £9.95 (V)

Cheddar or Ham ploughman's with apple and celery salad, pickles, ranch chutney and gluten free bread and butter.

(V = Vegetarian, VE = Vegan, N = Contains Nuts) Please ask for GF Menu

All above are created using local produce. Supplied by: A J Winters butchers of South Petherton, Taylors Bakery of Bruton, A David in Bishop Sutton, Cherry Tree Preserves made in Martock, Taste Coffee Sturminster Marshall, Miles Tea – Dorset.

Five Bean and Vegetable Jambalaya. £12.00 (VE, V)

South American style five bean stew cooked with Mediterranean vegetables and rice served with toasted gluten free bread.

Quinoa Beet, Edamame Burger £12.00 (VE, V)

Quinoa Beet, Edamame Burger with vegan coleslaw and fries.

Filled Sandwiches

Ham, cheese and chutney. £8.50

Brie, bacon and cranberry. £8.50

Plum tomato, mozzarella and pesto. (N) £8.50

All served in gluten free bread with salad, homemade coleslaw and crisps. Add Chips £2.50

Just the sandwich with no salad £5.00

Please ask a member of staff for allergy advice.

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